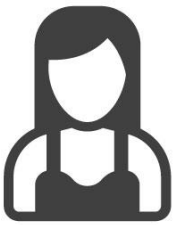
Read the short conversations about sports, then prepare your own speech

I like to lift weights. I go to the gym every day. In the evening I go running, and on Saturday I go swimming. I like to keep fit.

My brother plays cricket and my sister does gymnastics. I don't play any sports. I don't like sports.

I like tennis and yoga. I play tennis every afternoon. It is my favourite sport. I do yoga in the morning.



I like karate but I don't like boxing. I do karate on Tuesday and Thursday. On Saturday, I go rock climbing with my friends.

I like to watch skating and gymnastics. I don't like rugby or boxing. I don't play any sports. I am not good at sports.

I like rock climbing! I go rock climbing every weekend with my friends. They like rock climbing too. I want to go rock climbing in France!

I don't like football or basketball. I don't like cricket or golf. I don't like any sports. I don't like to watch sports and I don't like to play sports. I like opera.

I like hockey. It's my favourite sport. I like to play hockey and watch hockey.

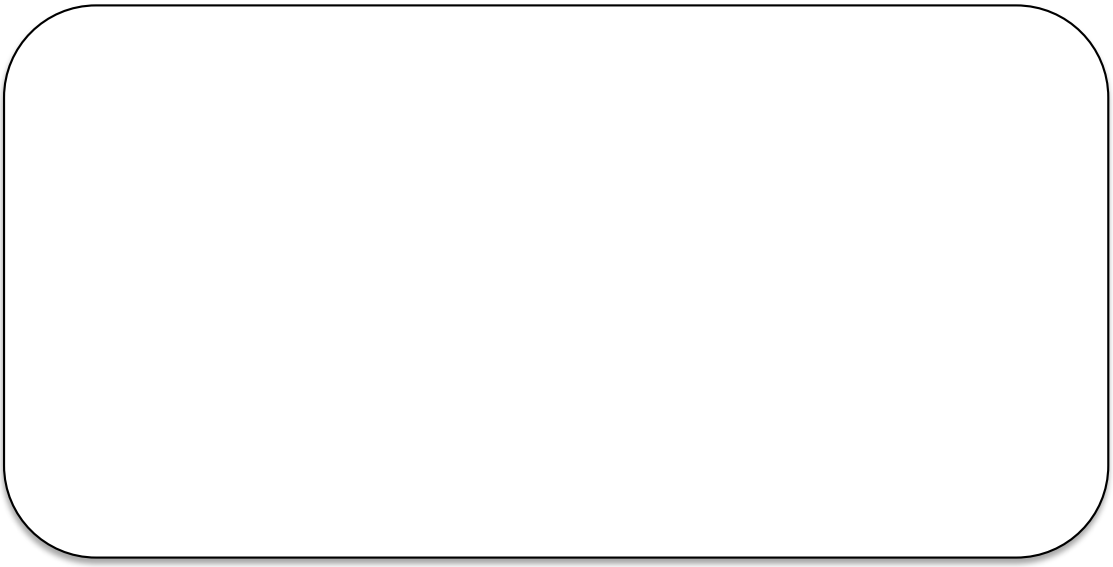
How do you keep fit?

Activity:

Plan and write a short speech on the topic of 'keeping fit'. Answer some, or all of the following questions.

You will first **plan** a response and then **write the sentences.**

Part 1 – PLAN your response



Part 2 – WRITE your sentences

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Suggested sentences:

I like....

I don’t like...

My favourite....

I like to play ...

I like to watch...

I play .... when? with who? where?